## Fitting Instruction

## \* Donning procedure



1. Please inspect the respirator prior to each use to assure there is no damage, and then separate respirator to open.



2. Bend the nosepiece to conform respirator to your nose.



3. Hold the center of headbands separately.

6. Form the nosepiece tightly to your face by using the fingers of both hands, form the nose piece to the nose.



 Hang the lower part on your chin and bring both bands over your head.



5. Place the upper band at your crown and the lower band at your neck.



% Using both hands, over the whole of the respirator to check the fit-breathing out to make sure that no breath escapes from around the nose, checks or edges of the respirator.

## \* Doffing procedure



1. Grab both elastic band with both hands, and pull it backwards to remove it from the head.