

Total Resources International

Respirator 03HBC21049FM (N95)

# Donning Procedures

1. Open the e respirator and hold in one hand with the nosepiece at your fingertips, allowing the headbands to hang below your hand.
2. Press the respirator against your face with the nosepiece on the bridge of your nose.
3. Place the top band high on the back of your head. Move the bottom band over your head and position it below your ears.
4. Place your two fingertips from both hands at the top of the metal nosepiece. Using two hands mold the nose area to the shape of your nose by pushing inward while moving your fingertips down both sides of the nosepiece.

**Warning:** Pinching the nosepiece using one hand may result in improper fit and less effective respirator performance. Use two hands.

5. Fit-check the face-seal as follows:

- *Place both hands over the respirator without disturbing its position.;*
- *Inhale sharply, a negative pressure should be felt inside the respirator;*
- *If you detect air-leaks, readjust the nosepiece and/or head straps position.*

**WARNING:** If you cannot achieve satisfactory fit, do NOT enter the contaminated area. See your Supervisor.

