Donning & Fitting Instructions:
To be followed each time respirator is worn.

1. Prestretch top and bottom straps before placing respirator on the face
2. Cup the respirator in your hand, with the nosepiece at your fingertips, allowing the headbands to hang freely below your hand.
3. Position the respirator under your chin with the nosepiece up. Pull the top strap over your head resting it high at the top back of your head. Pull the bottom strap over your head and position it around the neck below the ears.
4. Place your fingertips from both hands at the top of the metal nosepiece. Using two hands mold the nose area to the shape of your nose by pushing inward while moving your fingertips down both sides of the nosepiece. Pinching the nosepiece using one hand may result in improper fit and less effective respirator performance.
5. Use two hands perform a user seal check prior to each wearing. To check fit, place both hands completely over the respirator and exhale. Be careful not to disturb the position of the respirator. If air leaks around nose, readjust the nosepiece as described in step. If air leaks at the respirator edges, work the straps back along the sides of your head.

If you CANNOT achieve a proper fit, DO NOT enter the contaminated area. See your supervisor or Call 0086-21-57783029 Shanghai Dasheng Health Products Manufacture Co.,Ltd for proper fitting.